

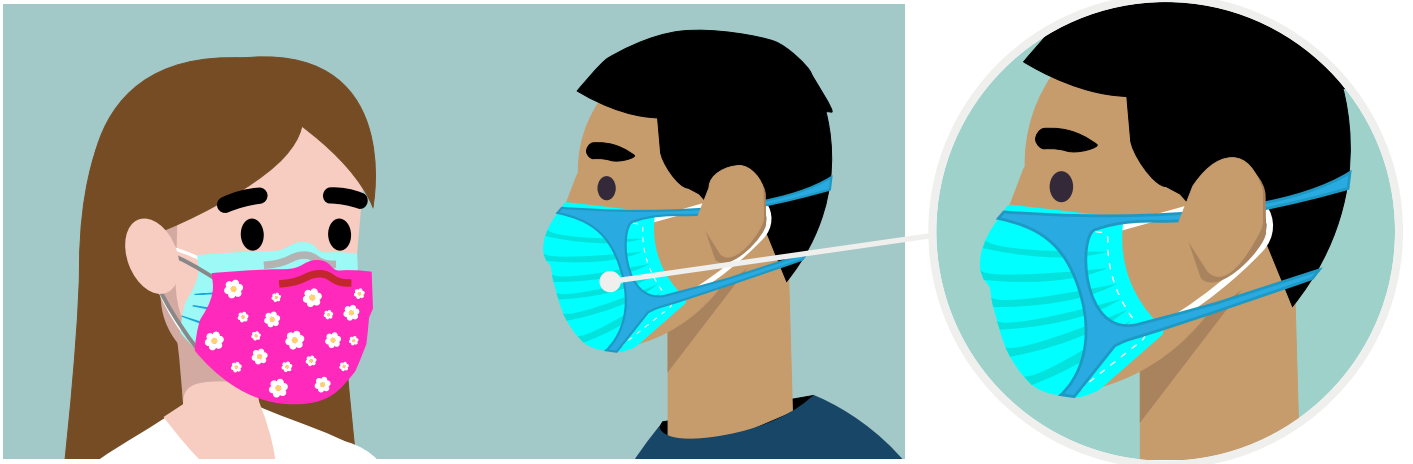
FIT & FILTRATION: YOUR KEY TO A BETTER MASK

Two important steps to choosing a mask

Make sure it fits



- Your mask should fit snugly over your nose, mouth, and chin.
- Choose a mask with a nose wire.



- Wearing a cloth mask over a disposable mask makes your disposable mask fit better.
- You can also choose to use a mask fitter or brace.



cdc.gov/coronavirus



Look for multiple layers of tightly woven, breathable fabric



- Use a cloth mask that has multiple layers of fabric.
- Make sure you can see and breathe easily.



- Wear a cloth mask over a disposable mask to add additional layers.
- Do not combine two disposable masks.